

## Resources

### Research & Tips

[www.ct.bbb.org](http://www.ct.bbb.org)



### National Do Not Call Registry

[www.donotcall.gov](http://www.donotcall.gov)

1-888-382-1222

### Direct Mail Opt Out

[www.optoutprescreen.com](http://www.optoutprescreen.com)

1-888-567-8688

### Check your credit report

[www.annualcreditreport.com](http://www.annualcreditreport.com)

1-877-322-8228

### Stop Pre-approved Credit Offers

[optoutprescreen.com](http://optoutprescreen.com)

1-888-567-8688

### Internet Crime Complaint Center

[www.ic3.gov](http://www.ic3.gov)

### Federal Trade Commission

[www.ftc.gov](http://www.ftc.gov)



[www.experian.com](http://www.experian.com)



[www.equifax.com](http://www.equifax.com)



[www.transunion.com](http://www.transunion.com)

## **How safe are you from Identity Fraud?**



**1) I pay bills with checks and place them in my mailbox.**

☐ True (10)

☐ False (0)

**2) I use direct deposit or electronic transfer for paychecks, refund or insurance check claims**

☐ True (0)

☐ False (5)

**3) New boxes of checks are mailed to my home.**

☐ True (10)

☐ False (0)

**4) I have 'opted out' of my credit card marketing programs and received "convenience" checks in the mail.**

☐ True (0)

☐ False (10)

**5) I carry a purse or carry my wallet in my back pocket.**

☐ True (10)

☐ False (0)

**6) I use checks for shopping and carry my checkbook with me when in public.**

☐ True (5)

☐ False (0)

**7) I have copied the contents of my wallet.**

☐ True (0)

☐ False (5)

**8) I have at least one item in my wallet that contains my Social Security Number**

☐ True (10)

☐ False (0)

**9) I throw away my annual Social Security Earnings Statement without reviewing it.**

☐ True (10)

☐ False (0)

**10) I keep my purse, briefcase, checkbook, registration, insurance card or other identifying information in my car.**

☐ True (10)

☐ False (0)



**11) I keep highly sensitive financial records and personal documents in locked files in my home or office**

- ☐ True (0)  
☐ False (10)

**12) I shred (or otherwise render unreadable) documents that contain sensitive financial information before I put them in the trash.**

- ☐ True (0)  
☐ False (10)

**13) I use a shredder, but it is not a cross-cut shredder.**

- ☐ True (5)  
☐ False (0)

**14) I have not 'opted out' of credit reporting agencies' credit card solicitations. (1-888-567-8688 or [optoutprescreen.com](http://optoutprescreen.com))**

- ☐ True (5)  
☐ False (0)

**15) I have ordered copies of my credit report in the last year.**

- ☐ True (0)  
☐ False (10)

**16) I have not notified the credit reporting agencies of the death of a relative.**

- ☐ True (10)  
☐ False (0)

**17) I have responded to e-mails or telephone calls from my Internet provider, bank or companies like eBay or PayPal requesting account verification.**

- ☐ True (10)  
☐ False (0)

**18) I use online banking services and shop online, but do not use a secure browser, or I have high-speed Internet service but no firewall protection.**

- ☐ True (10)  
☐ False (0)

☐ Total Score

### **SCORING**

**60+ POINTS:** You are at high risk of being an identity theft victim. Take steps now to reduce your vulnerability.

**30-60 POINTS:** Your odds of being victimized are about average, although may be higher if you have good credit.

**0-30 POINTS:** Congratulations. You are savvy in protecting yourself against identity theft. Keep up the good work, but stay vigilant!